



Meredith Wilson

Culture Strategist.
Mentor. Speaker.





Meredith's experience in the corporate world and deep knowledge of people and culture have made her a highly sought-after Speaker, Mentor and Advisor.

Meredith works with Executives, CEOs, and Founders as a Culture Strategist, Mentor and Facilitator following a successful corporate career, where she worked at the Executive and Board level for more than 15 years and led large teams globally and in ASX10 organisations.

Meredith is an inspiring, warm, and engaging Culture and Leadership Expert.

A talented and strategic facilitator, Meredith delivers engaging learning experiences for senior and experienced leaders, and leadership teams.

Meredith's passion for culture, leadership, and learning is palpable and contagious. Her insight and experience, combined with her pragmatic approach, and ability to connect engages people from the Boardroom to the coal face. Literally.

Through her own stories and real-life examples drawn from a variety of industries and organisations, Meredith will have you laughing and learning.

MEREDITH'S OFFERING

- 1 CultureShift
- 2 LeaderShift - Masterclasses & Retreats
- 3 Play to your Strengths
- 4 Keynote Speaker and Panellist
- 5 Executive Coaching & Mentoring
- 6 Leading Women Retreats

CultureShift

Meredith helps leaders and organisations shape, shift and sustain Cultures. Her approach helps leaders and organisations to make the intangible, tangible and actionable.

Organisational Culture can be the strongest intangible asset (or liability) of an organisation.

The role of Leaders in shifting and sustaining culture is critical. Leaders are the single greatest accelerator, or brake, to shifting your Culture.

Meredith provides strategic advice and mentoring along with facilitating Culture experiences to support your CultureShift.

- **Board, CEO & Executive Advisor and Mentor**
- **Conferences, Keynotes and Workshops**
- **Masterclasses & Retreats.**

Your culture will take you further than your strategy can imagine.



LeaderShift

Now, more than ever, leaders are expected to be worth following, to lead cultures worth belonging to and work worth doing, while investing in technology (and managing the distracting side effects), dealing with shifting societal and regulatory demands, all the while, delighting customers, keeping their team safe, sustaining growth and delivering results.

To lead today, Leaders need the capability to lead changes in ways of working and thinking, to lead teams differently. Leaders must be prepared to shift their own thinking and behaviours.

The world of work has shifted. Has your Leadership Development?

Meredith specialises in working with top teams - Executive and Leadership teams - on Leading Culture, and Team Culture.

- **Executive Coaching & Mentoring.**
- **Masterclasses & Retreats.**
- **Team Alignment, Cohesion and Culture.**
- **New Ways of Working.**



Leaders, is your Culture worth belonging to?

Play to your Strengths

Increased productivity and sales. Higher employee engagement. Lower attrition. What are these improvements worth to your team?

We are taught to work on our weaknesses - to fix them - instead, we should be learning how our strengths can overshadow our weaker areas. The highest levels of success come when we stop trying to be a little bit good at everything and instead hone what we are naturally best at - and we do this within teams where our teammates are also playing to their strengths.



Imagine this...

You and your team are working in flow - that sweet spot where everything just works. Each individual member of the team bringing their best and playing to their strengths. A sense of clarity and purpose, powered by a sense of belonging. How does that sound?



Exec Strengths Debrief [1:1]
90-mins
\$1500+gst



Exec Coaching Package [1:1]
3 x 60-min
\$4500+gst



Virtual Team Workshops
3-hours
\$5000+gst



In Person Team Workshops
4-hours
\$7,500+gst



Large Teams & Conferences [25-300]
POA

Participants complete the Gallup Strengths assessment and attend a half day workshop as intact teams, delivered online or in person. Workshops can be incorporated into a larger team day or offsite, or work well as a standalone experience. All team workshops includes Gallup Strengths Team Reporting. Profiles and reporting are provided in soft copy.

Speaker.

Meredith speaks on Culture and Leadership.

Keynotes:

- 1. Shift. Everyday Actions Leaders can take to Shift Culture.*
- 2. Leadershift. Leading in the Never Normal.*
- 3. Shifting to a Culture of Balance and Belonging.*
- 4. Leaders as Multipliers of Culture.*
- 5. Cultures that work.*

Meredith's experience in the corporate world and deep knowledge have made her a highly sought-after Speaker and Panel Guest on Leadership and Culture.

Meredith's passion for culture, leadership and learning is palpable and contagious. Her insight and experience, combined with her pragmatic approach, and ability to connect engages people from the Boardroom to the coal face. Literally.

Through her own stories and real-life examples drawn from a variety of industries and organisations, Meredith will have you laughing and learning.

*"Meredith makes Culture
simple & actionable."*



Executive Mentor & Coach.

Meredith helps leaders at critical moments: making an impact at the beginning of your tenure, chasing growth opportunities, responding to tough operating environments or looking to shift your culture or shake-up your organisation.

With more than 25 years experience coaching and mentoring leaders in the UK, Europe, MENA, Asia, and at home here in Australia and NZ, Meredith has worked with leaders at every level of organisations - CEOs to emerging leaders - to identify strengths, achieve insight, accelerate impact and navigate complexity.

Unlike many Executive Coaches in the market, Meredith has worked at Executive and Board level for more than 15 years and led large teams in ASX10 organisations through the unique challenges of the COVID-19 response, the GFC, the mining crash, along with multiple and sizable mergers, acquisitions and divestments.

Many senior women prefer to work with Meredith as a Coach and Mentor, because she has successfully led in male dominated industries.

Meredith's Signature Program is a unique blend of Coaching and Mentoring, with a bespoke, tailored experience for each client. Meredith works with a select number of clients, typically over a six month program.

Imagine having an experienced Executive in your corner.

Someone to help you with the necessary shifts to show up as the Leader you would like to be.



Executive Women Retreats

Make time for yourself so you can continue to lead and perform at your best.

Join Meredith for a luxury weekend retreat to relax, reset, and recharge.

Give yourself permission to be inspired; to step back to refocus on your vision, purpose, goals, and your future.

As a woman and a leader, you constantly manage the immense pressure to guide teams through uncertainty while navigating the shifting landscape of your own home and work. Connect with like-minded women to explore the challenges and opportunities we all share and how to successfully navigate forward.

This Retreat weekend will immerse you in a luxury escape with bespoke workshops to assist you in reflecting, resetting, and refocusing your professional career and personal life.

This thoughtfully designed Retreat balances time out for yourself while also connecting with a small group of like-minded women.


You'll emerge refreshed with a renewed sense of clarity.

Come away with me?

Relax. Reset. Recharge.
Retreat.



2023
Byron Bay
Oct 13-15



Meredith is an exceptional strategic thinker with great depth of knowledge and experience across a number of industries. Meredith's knowledge on culture, leadership, change management, safety and sustainability are exemplary. An easy to approach leader with fantastic communication skills!

Matthew

Meredith has a unique ability to understand challenges and to provide insightful and practical advice. Meredith has a deep knowledge of leadership, people, culture, influence and strategy as well as an ability to connect on a personal level.

Lea

Meredith has a unique set of skills where she combines her commercial, strategic experience with her insight into the human element that creates a winning combination. Meredith is approachable, empowering and insightful.

Leilanee

In meeting Meredith it was clear that she is extremely talented, with an ability to engage and get straight to the heart of the matter - and to create clarity around it in a compelling and pragmatic way. Meredith was able to provide context and counsel for me that proved invaluable in navigating some challenging people and political events.

Alison

I have had the privilege to have Meredith as a mentor over the past 3 years. Meredith's guidance has been invaluable to me. She has the ability to quickly grasp complex situations and challenge with a combination of insightful, pragmatic and commercially astute advice. If you are looking for the epitome of a leader, look no further.

Bree

Meredith is passionate about helping people to succeed - at whatever level of an organisation they work. I am not sure I know anyone else who has her ability to cut-through and influence with strategic thinking and ideas, and who so genuinely believes in people's abilities to stretch horizons.

Janet

Meredith is a transformational mentor with a wealth of real-world experience and insights to draw from. Meredith was able to bring a compassionate yet driven approach to our mentoring relationship that facilitated my transition from a specialist career path in investment banking to a generalist focusing on leadership, empowerment, empathy, effective communication and strategic agenda-setting.

David



Let's Connect



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www.meredithwilson.com.au



**Meredith
Wilson**